

CURRICULUM VITAE

Riikka Laurintytär Veltheim (maiden name: Holopainen), *MD, PhD*

Born 2 June 1972, Helsinki, Finland
Training Finland & Sweden
Residence Stockholm, Sweden

Training

High School Certificate, Helsinki, Finland	1991
Medical studies, Turku University, Finland	1992-1998
Training in Research	1993-1995
Training course for working with animals in pre clinical research	1993
Research for PhD thesis, Turku University, Finland	1996-1999
Graduated in medicine, Finland	1998
PhD thesis in medicine	1999
Graduate in medicine in Sweden	2001
Training course in Clinical epidemiology, Karolinska Institute, Sweden	2003
Postgraduate course; Lab animal science, Karolinska Institute, Sweden	Sept 2003
Conference in Regenerative Medicine and Tissue Engineering, Uppsala, Sweden	2003
ISAPS, Stockholm, Sweden	2005
Matrix breast surgery course, Stockholm, Sweden	2005
Specialist in plastic surgery, Sweden	2006
BTS esthetic plastic surgery conference, Stockholm, Sweden 2006/2007/2008/2009/2010/2011/2012/2013	
Fellowship aesthetic plastic surgery, Rome, Italy	2005
Fellowship aesthetic plastic surgery, Houston, Texas, USA	2005
Felloship aesthetic plastic surgery, Akademikliniken, Stockholm	2007-2008
Baker aesthetic plastic surgery course, Miami, USA	2009
Antiaging Medicine conferance, Monte Carlo 2013	2010, 2011, 2012,
Cutting Edge facial aesthetic plastic surgery course, NY, USA	2010
ISHRS San Fransisco, USA	2013

Positions and experience

Amanuens at Turku University hospital	
Pediatric internal medicine, Turku University hospital	1995
Thoracic and vascular surgery clinic, Turku University hospital	1996
Traumathologi/ Thoracic and vascular surgery clinic, Turku University hospital	1997
Gynecology, Turku University hospital	1997
Internal medicine, Turku University hospital	1997
Turku Medical Faculty board / general secretary	1996
Physician at out-patient GP clinic, Finland	1997-1999
Physician at Pori Central Hospital, Surgery clinic, Finland	1998-1999
Physician at Karolinska University Hospital, Neurosurgery clinic, Stockholm	2000
Physician at out-patient GP clinic; Stureplans Husläkarmottagning, Stockholm	2000-2001
Physician in training at Söder Hospital, Surgery clinic, Stockholm	2002-2003

Physician, Turku University hospital, Plastic surgery clinic	2002
Physician, Reconstructive Plastic Surgery, Karolinska University Hospital	2003
Physician in training, department of Reconstructive Plastic Surgery, Karolinska University Hospital	2003-2006
Specialist doctor at department of Reconstructive Plastic Surgery, Karolinska University Hospital	2006-2007
Chief of Hairtransplantation unit, Akademikliniken, Stockholm	2005
Plastic surgeon, Akademikliniken, Stockholm	May 2007
Part owner Akademikliniken	May 2011

Invited speaker

Swedish television, Intervju hairtransplantation	September 2007
Swedish television, Intervju esthetic plastic surgery and men	November 2008
Swedish television, tv series Plastic surgeons	2009, 2010
Swedish television, Intervju and Softlift live patient	October 2010
Workshop Q-med, Esthetic injection treatments, Paris	April 2011
Workshop Q-med, Esthetic injection treatments, Paris	April 2011
Swedish television, Intervju, new book of esthetic plastic surgery	May 2011
Workshop Q-med, Esthetic injection treatments, Helsinki	May 2011
Workshop Q-med, Esthetic injection treatments, Milano	May 2011
Workshop Q-med, Esthetic injection treatments, Cyprus	June 2011
Workshop Q-med, Esthetic injection treatments, Wien	Aug 2011
Swedish radio, Intervju of hairtransplantation to men	Oct 2011
Workshop Q-med, Esthetic injection treatments, Helsinki	Nov 2011
Workshop Q-med, Esthetic injection treatments, Paris	Dec 2011
Workshop Q-med, Esthetic injection treatments, Helsinki	March 2012
Macrolane round table discussion Q-med, Paris	April 2012
Workshop Q-med, Esthetic injection treatments, Paris	April 2012
Workshop Q-med, Esthetic injection treatments, Stockholm	May 2012
Expert meeting Allergan, Latisse in hairgrowth, Frankfurt	May 2012
Workshop Q-med, Esthetic injection treatments, Sweden	Aug 2012
Workshop Q-med, Esthetic injection treatments, Helsinki	Sept 2012
Workshop Q-med, Esthetic injection treatments, Stockholm	Nov 2012
Workshop Q-med, Esthetic injection treatments, Stockholm	March 2013
Workshop Q-med, Esthetic injection treatments, Oslo	March 2013
Workshop Q-med, Esthetic injection treatments, Bulgaria	March 2013
Swedish radio, Intervju hairtransplantation	March 2013
Workshop Q-med, Esthetic injection treatments, Mexico	March 2013
Swedish radio, intervju on regulations in esthetic plastic surgery	June 2013
Workshop Galderma, Esthetic injection treatments, Poland	Sept 2013
Workshop Galderma, Esthetic injection treatments, Romania	Oct 2013
Expert meeting Galderma, Paris	Nov 2013
Workshop Galderma, Esthetic injections treatments, Helsinki	Jan 2014
Swedish radio, Intervju celebrities and botox	Jan 2014

Publications

1. Holopainen R, Käätä P. The effect of L-arginine on rat pulmonary vasculature in ischemia-reperfusion. I boken: Advances in the study of cardiovascular control. Ann Univ Turkuensis. Käätä P, Grönlund J, Välimäki I. 1996;237: 28-32.

2. Holopainen R, Soukka H, Halkola L, Kääpä P. Meconium aspiration induces a concentration-dependent pulmonary hypertension in newborn piglets. *Pediatr Pulmonol* 1998;25: 107-113.
 3. Holopainen R, Aho H, Laine J, Peuravuori H, Soukka H, Kääpä P. Human meconium has high phospholipase A2 activity and induces cellular injury and apoptosis in piglet lungs. *Pediatr Res* 1999;46: 626-632.
 4. Holopainen R, Laine J, Aho H, Halkola L, Kääpä P. Nitric oxide inhalation inhibits pulmonary apoptosis but not inflammatory injury in porcine meconium aspiration. *Acta Pediatr* 1999; 88: 1147-1155.
 5. Holopainen R, Laine J, Halkola L, Aho H, Kääpä P. Dexamethasone treatment attenuates pulmonary injury in piglet meconium aspiration. *Pediatr Res* 2001;49: 162-168.
 6. Holopainen R, Soukka H, Halkola L, Kääpä P. Intravenous immunoglobulin g attenuates pulmonary hypertension but induces local neutrophil influx in meconium aspiration in piglets. *Biol Neonate* 2005; 87(4): 221-228.
 7. Jaakkola K, Nikula T, Holopainen R, Vähäsilta T, Matikainen M-T, Laukkanen M-L, Huupponen R, Halkola L, Nieminen L, Hiltunen J, Parviainen S, Clark MR, Knuuti J, Savunen T, Kääpä P, Voipio-Pulkki LM, Jalkanen S. In vivo detection of vascular adhesion protein-1 in experimental inflammation. *Am J Pathol* 2000;157: 463-471.
 8. Engstrand T, Westermark A, Veltheim R, Docherty-Skoggh AC, Arnander C. Reconstruction of the frontal bone. *J Craniofacial Surgery*. 2006 Mar;17(2):275-279.
 9. Engstrand T, Veltheim R, Arnander C, Docherty-Skoggh A-C, Westermark, A, Ohlsson C, Adolfsson L, Larm O. A novel biodegradable delivery system for bone morphogenetic protein-2. *Plastic Reconstr. Surg*. 2008 Jun; 121 (6): 1920-8
 10. Camenisch C, Veltheim R. Modern techniques in facial rejuvenation using Nasha gel. Discuss the use of the in Soft lift concept, a modern technique to rejuvenate the aging face. *Prime Journal* Oct 2011
- *Holopainen R, Soukka H, Halkola L, Kääpä P. Meconium has a dose-dependent hemodynamic response to meconium-induced lung injury in a newborn piglet model. XVth European congress of perinatal medicine. September 1996, Glasgow, Scotland.
- *Holopainen R, Soukka H, Halkola L, Kääpä P. Prophylactic nitric oxide inhalation in porcine meconium aspiration. *Pediatric Academic Societies 1997 Annual meeting*. May 1997, Washington, D.C..
- * Holopainen R, Jaakkola K, Halkola L, Jalkanen S, Kääpä P. The effects of anti-vascular adhesion protein-1 and polyclonal immunoglobulin G in meconium aspiration-induced lung injury in newborn piglets. *European congress of perinatal medicine*. September 1998, Belfast, Ireland.
- *Holopainen R, Laine J, Peuravuori H, Halkola L, Aho H, Kääpä P. Meconium aspiration has high phospholipase A2 activity and induces inflammatory injury and apoptosis in piglet lungs. *Pediatric Academic Societies 1999 Annual meeting*. May 1999, San Francisco.
- *Engstrand T, Westermark A, Veltheim R, Docherty-Skoggh AC, Hilborn J, Arnander C.

Prefabrication and reconstruction of the frontal bone. ESPRAS, Aug 2005, Wien, Austria.

* Veltheim R, Heden P. The hairline in facelift surgery. Akademiklinikens IV International Meeting Beauty Trough Science, June 2008, Stockholm, Sweden.

* Camenisch C, Veltheim R. Modern techniques in facial rejuvenation with stabilized hyaluronic acid-based gel of non-animal origin: Handling and a new, less invasive technique using Pix`l needle of Thiebaud in Soft lift concept. The 9th Anti-Aging Medicine World Congress & Medispa, March 2011, Montecarlo, Monaco.

(*abstract)

Stockholm, Sept 2013

Riikka Veltheim, MD, PhD